

आई.सी.ए.आर. - केन्द्रीय अन्तर्स्थलीय मात्स्यिकी अनुसंधान संस्थान बैरकपुर, कोलकाता -700 120, पश्चिम बंगाल ICAR -CENTRAL INLAND FISHERIES RESEARCH INSTITUTE Barrackpore, Kolkata -700 120, West Bengal ☎ 033-2592-1190/91 昌: 033-2545-1063, ई-मेल/e-mail: cifridirectorcell@gmail.com



F.No. Circular-355(1)/2019-CAO/573

20th June, 2022

CIRCULAR

The Institute is organising the following program on the occasion of International Yoga Day on 21st June, 2022, the details are stated below –

- Lecture on positive effect of Yoga in human life style. (New Auditorium at 3:00 pm on 20th June, 2022)
- Practical Yoga Session (Krishna Garden Lawn at 7:00 a.m. on 21st June, 2022)

All the Institute staff members are required to attend the above mentioned programs. They may also invite interested family members to participate and get benefitted.

This is issued as per approval of the Competent Authority.

(Rajeev Lal)

Joint Director (Admn.)-cum-Registrar

Distribution:

- 1) Dr. P.K.Parida, Sr. Scientist & Nodal Officer of International Yoga Day Celebration
- 2) All Heads of Divisions / Section-In-Charges / Officer-In-Charges / PIs at ICAR-CIFRI, Barrackpore for information and wide circulation among the Staff members & Research Scholars working with them.
- 3) Officer-In-Charges, Outstations / Regional Centres are requested to organize similar programs on Yoga and send photographs and participation report.
- 4) Shri S. K. Sahu, In-Charge, AKMU Cell for uploading in the Institute website.
- 5) In-Charge, E&T unit for arrangement of Auditorium
- 6) Shri Sujit Chowdhury, ACTO for photography and video please.
- 7) The ACTO to the Director, for kind information of the Director
- 8) Notice Board